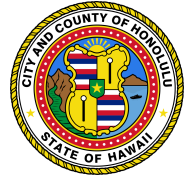


BikeEd Hawai'i Permission Slip



All 4th grade students will participate in the Hawai'i Bicycling League's **BikeEd Hawai'i** program on the school grounds/neighboring park, including safety instructions on and off the bicycle. Beginner bicyclists will receive instruction on riding based on their skill level. Please check one of the two boxes below, then read, sign, and return the form.

*Students who **DO NOT** return this form, or provide a form without a completed checkbox below, will **ONLY** receive instruction on school grounds or nearby parks, and will **NOT** be allowed to ride on public streets.*

☐

I APPROVE of my child riding a bicycle off-campus on public streets under HBL's BikeEd Hawai'i supervision.

☐

I DECLINE to have my child ride a bicycle at all, even on school grounds.

RISK:

I fully assume the risk of serious injuries that may possibly occur. My child must behave and listen to the instructors to prevent harm to him/herself and others.

HEALTH:

My child is in good physical health and all sight or hearing-impairments have been reported to the school. My child has no physical or medical condition that prevents him/her from safely participating.

MEDIA:

BikeEd Hawai'i photos, videos, posters, and thank you letters are the property of Hawai'i Bicycling League and may be publicly displayed to promote the program. I provide HBL permission for free use of my child's photographs from participating in the BikeEd Hawai'i program in outreach and program promotion.

WAIVER:

I, the minor's parent and/or legal guardian, understand the nature of bicycling activities, the minor's experience and capabilities, and believe the minor to be qualified, in good health, and in proper physical condition to participate in such activity. I hereby release, discharge, covenant not to sue, and agree to indemnify and save and hold harmless Hawai'i Bicycling League, The City & County of Honolulu, and The State of Hawai'i from all liability, claims, demands, losses, or damages on the minor's account caused or alleged to be caused in whole or in part by the "releasees", including rescue operations and further agree that if, despite this release, I, the minor, or anyone on the minor's behalf makes a claim against any of the releasees named above, I will indemnify, save, and hold harmless each of the releasees from any litigation expenses, attorney fees, loss liability, damage, or cost any may incur as the result of any such claim.

Child's Name_____

School_____Teacher_____

Parent/Guardian Name_____

☐ I would like to volunteer to help with the BikeEd Hawai'i *

Signature_____Date_____

Email_____

BikeEd Hawai'i Merchandise Order Form (Optional)

___ \$15 T-shirt Youth: S M L Adult: S M L XL

___ \$15 Helmet Large Extra Large
(58-62cm) (59-63cm)

___ \$28 T-Shirt / Helmet Combo (Save \$2.00)
(circle sizes above)

\$___ Additional Donation to BikeEd Hawai'i

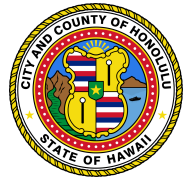
*Make checks payable to Hawai'i Bicycling League

**\$25 fee charged for returned checks.

* Volunteers help the BikeEd Hawai'i instructors teach students to ride bicycles. Please let your child's teacher know when you can volunteer. You agree to waive all rights and claims for damages against HBL, its staff, sponsors, the City & County of Honolulu and the State of Hawai'i.

BikeEd Hawai'i

Parent Information Sheet (Parent Copy)



What is BikeEd Hawai'i?

A program of Hawai'i Bicycling League, BikeEd Hawai'i was established in 1989 and teaches the fundamentals of bicycle safety. BikeEd Hawai'i reaches over 8,000 students on O'ahu annually. The program helps meet school benchmarks in Health and Physical Education and includes 3 days of on-campus instruction and 2 days of off-campus riding. The program is primarily funded by the City & County of Honolulu Dept. of Transportation Services. BikeEd Hawai'i is taught by HBL certified instructors but we welcome parents to help volunteer!

For more information, visit HBL.org/BikeEd or contact us by email BikeEd@HBL.org

What to bring to class:

- Closed toe shoes (No Slippers or Crocs)
- Shorts or rollable pants
- Water bottle
- Helmet (if needed, we have helmets to borrow*, or helmets available for purchase)

*Due to reuse of BikeEd helmets, all students must receive lice checks by school nurses. Students who have lice will be required to bring their own helmet, purchase one from BikeEd Hawai'i, or will only be able to participate in the first day of instruction.

What will my child learn?

- Basic bicycle safety principles in a fun format that enables keiki to develop a lifelong healthy lifestyle.
- The "6-point bicycle safety check" (handlebar, seat, chain, pedals, brakes, tires).
- The importance of properly wearing a helmet.
- Ride on the right side of the road and stay on checkpoint (3ft. from the curb or parked vehicle).
- Correct procedures at stop signs, intersections, turns, and driveway exits.
- How riding a bicycle safely is fun!



HBL and BikeEd Hawai'i are supporters of
The Safe Routes to School Initiative.
Learn more at HBL.org/BikeEd

Hawai'i Bicycling League



Founded in 1975 with the mission of enabling more people to ride bicycles for health, recreation, and transportation through advocacy, education, and events. We are a 501(c)3 non-profit organization dedicated to making Hawai'i a better place to bike, walk, roll, and live.

Visit HBL.org to learn more about our work, free cycling workshops, and upcoming events, such as the family-friendly Aloha Fun Ride!

