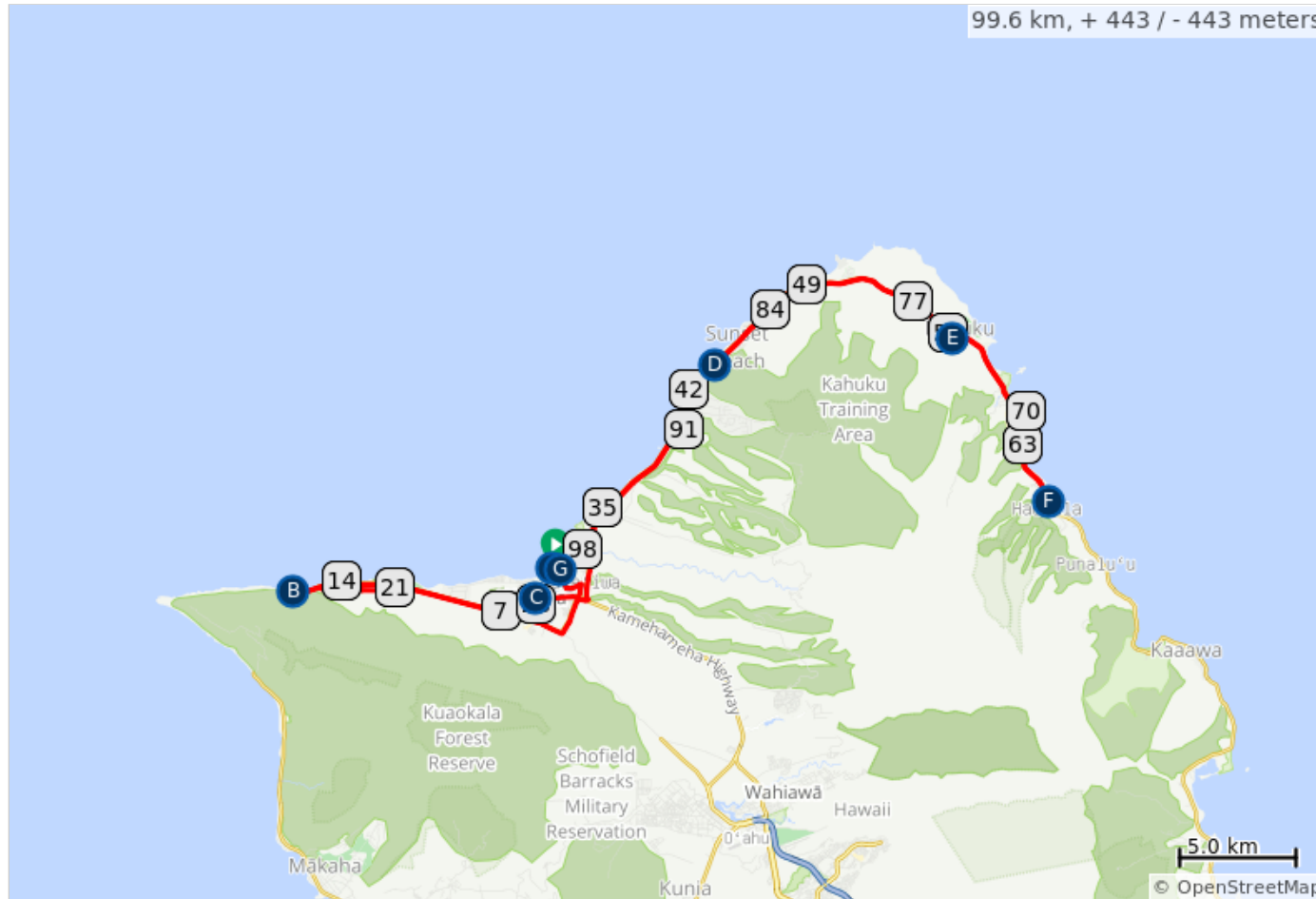
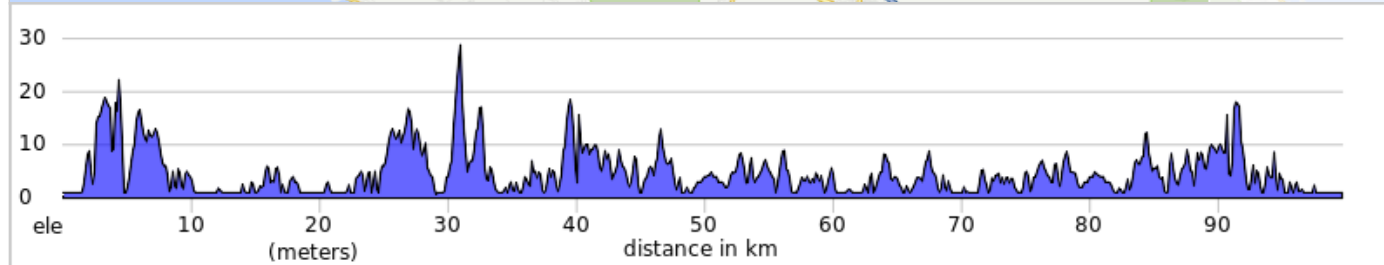


HMC 100K



- A. Ride Start Kaiaka Bay Beach Park
- B. Camp Erdman Aid Station
- C. Waialua District Park Aid Station
- D. Sunset Beach Neighborhood Park Aid Station
- E. Kahuku District Park Aid Station
- F. Hau'ula Beach Park Aid Station
- G. Finish: Kaiaka Bay Beach Park



HBL Haleiwa Metric Century

HMC 100K

Num	Dist	Type	Note
1.	0.0		Start of route
2.	0.0	<i>i</i>	Start: Kaiaka Bay Beach Park
3.	0.6		R onto Hale'iwa Road
4.	0.9		L onto Pa'ala'a Road Lane
5.	2.1		Sharp R onto Kamehameha Highway
6.	2.6		At roundabout, take exit 2 onto Kaukonahua Road, HI 930
7.	4.4		Slight R onto Farrington Highway, HI 930
8.	5.5		At roundabout, take exit 2 onto Farrington Highway, HI 930
9.	11.8		Continue straight

11.8 kilometers. +64/-64 meters

Num	Dist	Type	Note
10.	16.3		U Turn at Camp Erdman Aid Station
11.	17.5		R onto Dillingham Airfield Road
12.	21.1		R Turn onto Farrington Highway
13.	27.2		At roundabout, take exit 2 onto Goodale Avenue
14.	28.7		R turn onto Waialua Beach Road
15.	30.5		At roundabout, take exit 2 towards Joseph Leong Highway
16.	31.0		Make a L turn onto Joseph Leong Highway, HI 83
17.	55.8		R onto Pualalea Street

44.1 kilometers. +199/-198 meters

Num	Dist	Type	Note
18.	56.1		Make a U-turn at Kahuku Aid Station 80K Turn around
19.	56.4		R onto State Highway 83, HI 83
20.	65.7		100K Turnaround Hau'ula Beach Park
21.	96.9		Slight R onto Kamehameha Highway
22.	98.1		R onto Hale'iwa Road
23.	99.4		R onto Fresh Air Camp Road
24.	99.6	<i>i</i>	Ride Finish Kaiaka Bay Beach Park
25.	99.6		End of route

43.8 kilometers. +163/-171 meters