



BikeEd Permission Slip



All 4th grade students will participate in the Hawaii Bicycling League's BikeEd Hawaii program on the school grounds/neighborhood park, including instruction on and off the bicycle. Beginner bicyclists will receive instruction on riding based on their skill level. Please check one of the two boxes below and sign the form.

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I APPROVE of my child riding a bicycle on public streets under HBL's BikeEd Supervision.

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DECLINE to have my child ride a bicycle at all, even on school grounds.

RISK:

I fully assume the risk of serious injuries that may possibly occur. My child must behave and listen to the instructors to prevent harm to him/herself and others.

HEALTH:

My child is in good physical health and is not sight or hearing-impaired. My child has no physical or medical condition that prevents him/her from safely participating.

MEDIA:

BikeEd photographs, videos, posters, and letters are the property of HBL and may be publicly displayed to promote the program. I provide HBL permission for free use of my child's photographs in news and advertising.

WAIVER:

I, my child, my family and legal representatives understand and agree to the following: The STATE shall be responsible for damages or injury caused by the STATE, STATE's agents, officers and employees in the course of their employment to the extent that the STATE's liability for such damage or injury has been determined by a court or otherwise agreed to by the STATE and the STATE shall pay for such damage and injury to the extent permitted by law.

Hawaii Bicycling League shall be responsible for damages or injury caused by Hawaii Bicycling League, its agents, officers, and employees in the course of their employment to the extent that Hawaii Bicycling League's liability for such damage or injury has been determined by a court or otherwise agreed to by Hawaii Bicycling League, and the Hawaii Bicycling League shall pay for such damage and injury to the extent permitted by law. Students who DO NOT return this form will ONLY receive instruction ON SCHOOL GROUNDS OR NEIGHBORING PARKS and they will NOT be allowed on PUBLIC STREETS.

Child's name _____

School _____ Teacher _____

Parent/Guardian Name _____

Signature _____ Date _____

Email _____

Merchandise Order Form (Optional)

___ \$12 T-shirt Youth: S M L Adult: S M L XL

___ \$15 Helmet Large Extra Large

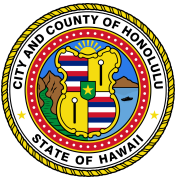
___ \$25 T-Shirt / Helmet Combo (Save \$2,00)

*Make checks payable to Hawaii Bicycling League

**\$25 fee charged for returned checks.

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I would like to volunteer to help the BikeEd instructors teach students to ride bicycles in my child's class (and other classes). I will let my child's teacher know when I can volunteer. I waive all rights and claims for damages against HBL, its staff, sponsors, the City & County of Honolulu and the state of Hawaii. HBL may use photographs and quotations from me to promote HBL and BikeEd.



BikeEd Parent Information Sheet

(Parent Copy)



What is BikeEd?

A program of Hawaii Bicycling League est. in 1989. BikeEd reaches over 8,000 students on O'ahu annually. It meets schools benchmarks in Health and Physical Education. The program is funded by the City & County of Honolulu Dept. of Transportation and includes 3 days of on campus instruction and 2 days of off-campus riding. The program is taught by HBL certified instructors but we welcome parents to help volunteer!

For more information, check out hbl.org/bikeed or contact us by email bikeed@hbl.org

What to bring to class:

- Closed toe shoes (No Slippers or Crocs)
- Shorts or rollable pants
- Water bottle
- Bike/Helmet (if you don't have one we have one you can borrow)*

*Due to reuse of BikeEd Helmets, all students must receive lice checks by school nurses. Students who have lice will be required to bring their own helmet, purchase one from BikeEd Hawaii, or will only be able to participate in the first day of instruction.

What will my child learn?

- Basic bike safety principles in a fun format that enables keiki to develop a lifelong healthy lifestyle.
- The "6-point bicycle safety check" (handlebar, seat, chain, pedals, brakes, tires).
- Ride on the right side of the road and stay on checkpoint (3ft. from the curb or parked vehicle)
- Correct procedures at stop signs, intersections and u-turns, and driveway exits.
- How bicycling safely is fun!

Upcoming BikeEd Events

Check out HBL.org for upcoming classes, events and sign up.

