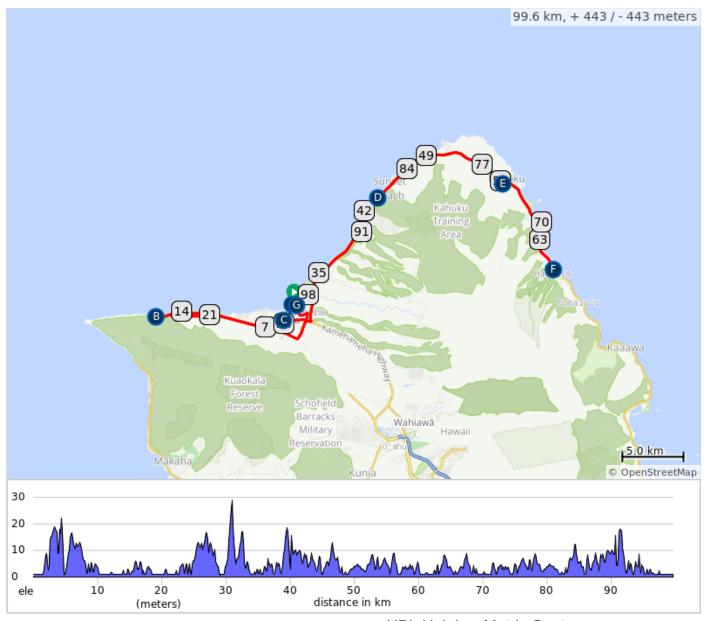
HMC 2022 100K





- A. Ride Start Kaiaka Bay Beach Park
- B. Camp Erdman Aid Station
- C. Waialua District Park Aid Station
- D. Sunset Beach Neighborhood Park Aid Station
- E. Kahuku District Park Aid Station
- F. Hau'ula Beach Park Aid Station
- G. Finish: Kaiaka Bay Beach Park

HMC 2022 100K

Num	Dist	Туре	Note
1.	0.0	•	Start of route
2.	0.0	i	Start: Kaiaka Bay Beach Park
3.	0.6	→	R onto Hale'iwa Road
4.	0.9	+	L onto Pa'ala'a Road Lane
5.	2.1	N	Sharp R onto Kamehameha Highway
6.	2.6	1	At roundabout, take exit 2 onto Kaukonahua Road, HI 930
7.	4.4	7	Slight R onto Farrington Highway, HI 930
8.	5.5	1	At roundabout, take exit 2 onto Farrington Highway, HI 930
9.	11.8	1	Continue straight

11.8 kilometers. +64/-64 meters

Num	Dist	Туре	Note
18.	56.1	Ð	Make a U-turn at Kahuku Aid Station 80K Turn around
19.	56.4	→	R onto State Highway 83, HI 83
20.	65.7	Ð	100K Turnaround Hau'ula Beach Park
21.	96.9	7	Slight R onto Kamehameha Highway
22.	98.1	→	R onto Hale'iwa Road
23.	99.4	→	R onto Fresh Air Camp Road
24.	99.6	i	Ride Finish Kaiaka Bay Beach Park
25.	99.6	Q	End of route

Num	Dist	Туре	Note
10.	16.3	ค	U Turn at Camp Erdman Aid Station
11.	17.5	→	R onto Dillingham Airfield Road
12.	21.1	→	R Turn onto Farrington Highway
13.	27.2	+	At roundabout, take exit 2 onto Goodale Avenue
14.	28.7	→	R turn onto Waialua Beach Road
15.	30.5	7	At roundabout, take exit 2 towards Joseph Leong Highway
16.	31.0	+	Make a L turn onto Joseph Leong Highway, HI 83
17.	55.8	→	R onto Pualalea Street

44.1 kilometers. +199/-198 meters