



# Mahalo for joining the Hawaii Bicycling League CENTURY CHALLENGE!

The HBL Century Challenge will be here September 26! It's a day when you'll be biking with hundreds of bicyclists to build community while biking solo or in small group bubbles. We are all navigating this period of Covid, and HBL's aim is to give you a great community biking experience while keeping you safe by observing all necessary guidelines and protocols.

You can bike whatever distance and route you choose, or choose to bike an HBL Century Challenge Event Route starting and finishing at the Kapi'olani Park Bandstand parking lot. Event routes have been created for 25, 50, 75 and 100 mile distances, with free tools (maps, directions, smartphone navigation) provided to registered riders through RideWithGPS.

## KEY EVENT DATES

**OFFICIAL RIDE PERIOD:** 6:00am – 6:00pm, September 26 (SUNDAY)

**REPORT YOUR RESULTS:** No later than MONDAY, September 27, 11:59pm HST

## IN THIS PACKET

**Official HBL Century Challenge Wristband:** Wear it on September 26 to gain access to Refuel Stations exclusively for registered riders.

**Rider Bib:** Pin this to the back of your shirt or jersey with the safety pins provided to identify you as a participant in the HBL Century Challenge. And when you see a fellow rider, share an "aloha" and cheer them on! 🙌

**HBL RideAloha Microfiber Towel:** Retailing for \$17, this is yours as a gift for joining us!

**HBL Info Card:** You are funding the non-profit Hawaii Bicycling League through your participation in the Century Challenge. Take a moment to learn what we're all about and why your support is so important.

## REFUEL STATIONS

You'll find 5 Refuel Stations on Oahu along the way between Kapi'olani Park and Swanzey Beach Park. These stations will be loaded for you with grab-n-go salty and sweet snacks, ice cold water and Gatorade. (The volunteers there will not be able to provide you with major mechanical or medical aid, so make sure you are RIDE READY!) Volunteers are manning these stations out of their personal vehicles with supplies provided by HBL. Please be sure to follow their instructions and THANK THEM for generously giving their time & efforts!



Show your HBL Century Challenge Official Wristband to gain access. Wear a mask, remove your bike gloves, and sanitize your hands (hand sanitizer will be provided) before you approach. Maintain social distancing and please observe group size limitations.

- **Kapi'olani Park Bandstand Parking Lot (6am to 6pm)** Volunteers from The Bike Shop
- **Hahaione Neighborhood Park on Pepe'ekeo Street Hawai'i Kai (7am to 4pm)** Volunteers from Tradewind Cycling Team
- **Kailua District Park (8am to 2pm)** Volunteers from Boy Scout Troop 223
- **Kahalu'u Beach Boat Ramp (9am to noon)** Volunteers from Boca Hawaii
- **Swanzy Beach Park (9am to noon)** Volunteers from The Men's Shed



Refuel Stations are all located on Century Challenge Event Routes you can access via RidewithGPS.

### EXCLUSIVE HBL CENTURY CHALLENGE EVENT ROUTES

In the past, routes were marked using A-frames and arrows. Technology now provides much better ways to keep you on course. We've teamed with [Ride with GPS](#), a navigation tool used by thousands of bicyclists across the country, to provide you with HBL Century Challenge Event Courses, of 25, 50, 75, and 100 miles on Oahu. **TO USE THESE COURSES, YOUR RIDE MUST START AT THE KAPI'OLANI PARK BANDSTAND PARKING LOT.** With RWGPS you can print out turn-by-turn directions, maps, use your smartphone for audio and map navigation, or download course files to your bike computer. You get full feature functions for HBL Century Challenge Event Routes using RWGPS's FREE version.

A private RWGPS link is available to all registered HBL Century Challengers. It will be emailed to you before the event. It is also posted on the private HBL Century Challengers Facebook Group.

### TRACKING and REPORTING MILES

There are several tools that can make it easier for you to keep track of where you have been and how far you have ridden. For the HBL Century Challenge, you do not need to spend a ton of money to get "high tech" and there are solutions you may already have. You can use the free version of RideWithGPS to record your miles using your smartphone, use your bike computer, bike with a friend who can track miles, review mapping apps to estimate mileage, or note mileage from car trips you've taken.

On a stationary bike or riding inside without a computer? We have found the calculation of 10 miles per hour average for beginners or 12 miles per hour for intermediate paced riders is a good baseline to go by.

**REPORT RESULTS BY MONDAY, SEPT 27<sup>th</sup>, 2021 TO RECEIVE YOUR PERSONALIZED FINISHER CERTIFICATE, digitally delivered straight to you!**

***HBL online Reporting Form will be OPEN Sunday, September 26  
and***

***CLOSE Monday, September 27 at 11:59pm HST.***

***IF WE DO NOT HAVE YOUR RESULTS BY THE DEADLINE, WE WILL NOT PREPARE A FINISHER CERTIFICATE FOR YOU.***

**REPORT TOTAL MILES AT: [HBL.org/2021CenturyChallenge](https://hbl.org/2021CenturyChallenge)**

These are your personal rides and we will respect the miles you report. Participant miles will not be posted publicly.

#### **HBLCC online Ride Result Report will ask for:**

Rider First & Last Name

Rider Email

Total Miles Ridden

Optional: Competitive Challenge Info (Team Name,  
How you Tracked your Distance/Elevation, etc.)

Those participating in the Competitive Challenges use the same reporting form and must adhere to the same deadline. You will be required to provide additional proof of your ride accomplishment upon HBL request.

### COMPETITIVE CHALLENGES (#HBLC4)

The *Hawaii Bicycling League Century Challenge* was designed for you to set a personal biking goal and then go out and achieve it. But we know competition drives many of you, so we built-in challenge opportunities. Additional bragging rights #PodiumStatus will go to the winners of Competitive Challenges.



## RIDE CHALLENGE CATEGORIES

- Most Miles Ridden 6am-6pm (Pedal) – Female & Male Age Divisions
- Most Miles Ridden 6am-6pm (Pedal Assist) – Female & Male Divisions
- Most Elevation Ridden 6am-6pm (Pedal) – Female & Male Divisions
- Team with the Most Registered Riders (All = Pedal + Pedal Assist)
- Team with the Highest Average Miles Ridden (Pedal)
- Team with the Highest Average Miles Ridden (All = Pedal + Pedal Assist)
- Hill Climb Challenges (Pedal) – Kamehame Drive (verified by Strava)
  - Most Times to Summit 6am-6pm – Female & Male Divisions
  - Fastest Summit Time (*unlimited attempts*) 6am-6pm – Female & Male Divisions

Go to [HBL.org/2021CenturyChallenge](https://HBL.org/2021CenturyChallenge) for specific details

Competitors in the Distance, Elevation, and Hill Climb Challenges are responsible for providing HBL with information that undeniably proves their rides when requested. HBL will reach out to riders directly when verification of your rides is needed. Winners of each category will be announced no later than September 30, 2021.

\*Participants on any stationary system are not eligible for Competitive Challenges.

## RIDE ALOHA TO KEEP OTHERS SAFE

We prioritize the safety of our event participants, volunteers, and the community and ask everyone to adhere to their Government, State and County individual Covid-19 guidelines. Local guidelines continue to change and update daily. So, we encourage you to stay abreast of guidelines in your specific area every time you ride.

- **If you feel any bit under the weather or think you've been in contact with someone who is sick, please stay home and do NOT ride or go outside.**
- **When riding, practice social distancing** - maintain a distance of 6+ ft away from others. This might mean riding solo. Riding within your group bubble can also be a great way to go.
- **Have a mask with you at all times.** Wear a mask when you're off your bike and can't social distance.

## IS YOUR BIKE "CENTURY" READY?

- **Check Out Your Gear.** You're going to be putting on the miles, so make sure you have all your equipment in good shape so you can ride safely and comfortably. Making sure your helmet fits correctly and is in good shape is critical. Also make sure you have the proper required lights when riding in low light conditions (especially during sunrise and sunset)). Check your brakes and tires, clean your chain, make sure your bike seat and handlebars are on tight.
- **Time For a Tune Up.** If you're not positive your bike is in top shape, take it to your local bike shop for a quick tune-up. Shops are busy, so be sure to call ahead and make an appointment.
- **Hop on your bike now.** Get some time in the saddle so you can best set your goal and be ready to achieve it. A little training now will go a long way on September 26!



## HBL CENTURY CHALLENGE COMMUNICATIONS

**HBL Website:** Event page <https://HBL.org/2021CenturyChallenge/>

**Email to YOU:** HBL will use the email address you provided at registration. If someone else registered you with *their* email, we assume *they* will forward information to you.

**Email to HBL:** Send to [events@HBL.org](mailto:events@HBL.org)

**Social Media:** Find HBL @[hblridealoha](#) on [Instagram](#) and [Facebook](#) and use the tag **#RideAloha #HBLRideAloha**

We are so thrilled that you're signed up to be part of this event. Your registration helps HBL keep advocating & educating on behalf of our entire island 'ohana for better biking conditions in Hawai'i, and safer streets for every road user. If you're cycling solo or with others, know that **you will be riding in unity with hundreds of fellow Century Challengers on September 26<sup>th</sup>**.

*Mahalo & we look forward to seeing you the road!*



## CANCELLATIONS & REFUNDS

HBL understands that unexpected situations arise all the time. Due to the infinite number of possible circumstances, we enforce a **no exception cancellation / no refund policy**. While we do feel compassion for those who are unable to participate due to unforeseen circumstances, registration fees and any cost incurred by registrants associated with a ride are non-refundable and non-transferable. Forfeited registrations are processed as a donation.

